E³ allows young adults to strengthen their independence and sharpen their vision to eventually lead a productive life.

- Individual therapy sessions
- Classes on money management, cooking, social interactions, daily living skills
- Adults have most meals in their living environment at Glen Ridge
- An inner-city hub offers carrels, a lounge, office and conference room for classes

E³ provides a pathway for individuals to **Emerge**, whether it be academic opportunities at a community college or vocational interests tailored to the individual. This allows young adults to **Expand** by allowing them to stretch and learn new skills that will help build individual success.

A new storefront “hub” in Torrington, CT is geared to helping individuals **Evolve** and find their path in life with the aid of transition staff teaching critical supportive strategies. The hub is close to restaurants, retail stores, the Warner Theater and countless avenues for community involvement, internships and paid job positions for young adults.

**E³ Transitions!**

**Emerge • Expand • Evolve**

**A Young Adult Program**

**Ages 18-22**

For more information Please Contact:

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For Students With Learning Differences